

## SPATISSERIE MENU

### Renew

Breakfast served from 10am – 11.30pm

#### Awakening

Pink grapefruit and melon salad  
with fresh mint **£5.50**

Peach compot, vanilla yoghurt  
and lavender honey **£5.50**

#### Balancing

Poached hen egg and crushed  
avocado with toasted rosemary  
bread **£8.50**

Smoked salmon and cream cheese  
on toasted rye **£7.50**

#### Calming

Buckwheat and almond milk waffles  
with berry compote **£7.50**

Porridge with  
Boringdon honey **£5.00**

### Graze

Served from 12pm – 4pm

*Served as smaller tapas style plates all at £8.00*

#### Awakening

Fennel & dill dressed seafood linguine  
with flaked smoked haddock

Citrusy adzuki bean stew with wild  
rice and cucumber dressing

#### Balancing

Seabream with Israeli cous cous  
and sauce vierge

Ribollita  
*'Tuscan vegetable soup'*

#### Calming

Chicken Caesar salad  
with crispy pancetta

Creamy sweet  
potato risotto



#### Salad elixir

Salad of garden leaves dressed with a  
Gaia elixir vinaigrette. **£4.50**



### Enrich

Served from 12pm - 4pm

#### From the sea

Monkfish and lemongrass curry,  
with wild rice and flat bread  
**£15.00**

Kiln roast salmon  
Caesar wrap  
**£12.00**

#### From the land

Falafel wrap  
**£12.00**

Beetroot and cajun  
carrot salad  
**£11.00**

#### From the farm

Lamb Barbacoa,  
"shredded slow cooked lamb with  
Mexican spices and soft tortillas" **£15.00**

Lemon dressed tagliatelle, courgetti  
ribbons topped with chicken and  
pinenuts **£15.00**

### Afternoon Tea

Served from 11.30am – 4pm

Freshly baked scones

A selection of sandwiches with artisan breads including sour dough and brioche,  
a choice of cakes from our daily selection and a pot of tea from our JING Tea menu. **£24.00 pp**  
Enjoy a Champagne Afternoon Tea for **£34.00 pp**

