

Don't forget, also included in your membership

- Full fitness & total health consultation and induction
- 2 free day passes on joining and a 50% discount on further day passes purchased
- 25% off all hair services at Gaia Studio
- 10% off treatments
- 10% off spa retail products
- 10% off spa food
- 10% off accommodation rates
- 10% off food and drink in the hotel
- Monthly members spa event
- Seasonal discounts and special price

Gaia Spa Boringdon, Plymouth, PL7 4DP
gaiaboringdon.co.uk / 01752 344455



Terms & Conditions

Events must be pre-booked. All listed events are open to Gaia Spa members only. Limited spaces available. You must be a member at the spa at the time of the event. All listed events are complimentary to members, unless stated otherwise. However if you cancel with less than 24 hours' notice or in the case of a no show you will be charged for the event. Any member who books and cannot attend who does not cancel in advance or turn up without notification will be removed off future events they are booked onto or prevented from booking the next 3 events.

GAIA SPA

at BORINGDON HALL

Members' Events Guide
May – December 2021

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Monday 17th May | From 7pm
- *A Welcome Back To Wellness*

Join us as we reopen our doors for an evening of Champagne and canapes hosted by our spa team in the Spatisserie to enjoy an evening to reconnect and relax within the natural surroundings of our award-winning spa.

Wednesday 19th May | From 9am
- *Exhale Around Mother Nature*

Inhale and exhale around mother nature. Join us on the lawn for a morning of Yoga to release tension and create a moment of calm within our natural grounds. Morning yoga session will be followed by coffee and cake.

Tuesday 8th June | From 3.30pm
- *An Indulgent Afternoon with Gaia Spa*

Tuck into a tier of British delights as we invite you to join us for an exquisite Afternoon Tea, the perfect choice for a sublime Summer solace.

Thursday 24th June | From 5.30pm
- *A Nourishing Evening with GAIA*

Join our Skincare Workshop as our experts talk all things GAIA. Starting with a brief introduction, learn all about different skin types and common skin concerns as well as a Q&A should you have any specific questions regarding your skin or skincare routine. There will be light refreshments and a special GAIA goodie bag from the evening so you're able to take a little bit of GAIA home with you.

Saturday 17th July | 12pm
- *Summer Lunchtime Dining*

Head to the decking and enjoy a relaxed two-course lunch, paired with a glass of English Gusbourne sparkling wine; the perfect way to relax and indulge on a Saturday Summer's afternoon.

Wednesday 18th August | 7 - 9.45pm
- *A Night of Fireworks & Canapés*

Join us for drinks and canapés at Plymouth Hoe's Pier Masters House and enjoy the best view to watch the dazzling annual British Firework Championships. A great chance to catch up with fellow members and enjoy the awe-inspiring displays.

Friday 10th September | From 6pm
- *A Sizzling Post-Summer Soiree*

Enjoy an early evening BBQ to celebrate the end of Summer as we host an unforgettable evening. Be welcomed by an arrival tippie, enjoy succulent dining, and soak up the sounds of live music on our nature encompassing grounds.

Friday 22nd October | From 7pm
- *Release Your Inner Sleuth*

Embark on an evening of mystery and murder at our themed "Ghost Hunters" Murder Mystery evening! Releasing your inner super sleuth, you will piece together the clues, interrogate potential suspects and solve the crimes. Begin at 7pm, leading into a succulent three-course à la carte dinner with coffee.

Members can bring along a guest for £57 (booking essential as places are limited.)

Monday 29th November | From 3.30pm
- *Getting Creative For Christmas*

Join us for our Christmas Wreath Making Workshop in partnership with local award-winning florist, Hannah Burnett. You'll learn how to make a wreath using festive florals and natural greenery with mince pies and mulled wine included. All materials are included, and you'll take your creation home to enjoy throughout the festive season or for the perfect season's gift.

Wednesday 1st December | From 3.30pm
- *Getting Creative For Christmas*

Join us for our Christmas Wreath Making Workshop in partnership with local award-winning florist, Hannah Burnett. You'll learn how to make a wreath using festive florals and natural greenery with mince pies and mulled wine included. All materials are included, and you'll take your creation home to enjoy throughout the festive season or for the perfect season's gift.

Saturday 18th December | From 6pm
- *Sprinkling a Little Magic Over Gaia Spa*

We're spreading the Christmas cheer as we welcome you to celebrate the season to be jolly with an evening of Christmas cocktails and canapés in the Spatisserie; the perfect way to head into that special time of celebrations and joyfulness.



Maximum numbers apply. Booking is essential.

Please see T&C's on back page.

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