

The desire to look after yourself can take many forms and here at Gaia Spa all have been considered thus forming a gym with a range to meet our member's needs. Fitness is about movement whether that is slow or fast paced, it is also about the mind and maintaining a balance. Gaia Spa is about total wellness, we are more than a gym membership

Included in your Membership:

- Full fitness & total health consultation and induction
 - 2 free day passes on joining and a 50% discount on further day passes purchased
 - 10% off treatments
 - 10% off spa retail products
 - 10% off spa food
 - 10% off accommodation rates
 - Quarterly members spa event
 - Seasonal discounts and special price
 - 15% loyalty credit on stays at Fistral Beach Hotel and Spa or Esplanade Hotel
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Included in your Wellness Membership:

- Gaia Boringdon Membership (see above)
- Weekly personal training sessions
- 25 wellness services
- 20 complimentary guest passes

Singles

Full Membership *(Anytime)*

Direct Debit

12 Month £110

Payment in full

Monthly £120
Annual £1260

Joining Fee £150

Off Peak *(Monday – Friday)*

Direct Debit

12 Month £80

Payment in full

Monthly £90
Annual £900

Joining Fee £150

Wellness Membership

Direct Debit

12 Month £340

Payment in full

Monthly £375
Annual £4080

Joining Fee £150

Couples

Full Membership *(Anytime)*

Direct Debit

12 Month £200

Payment in full

Monthly £220
Annual £2280

Joining Fee £300

Off Peak *(Monday – Friday)*

Direct Debit

12 Month £140

Payment in full

Monthly £160
Annual £1560

Joining Fee £300

Wellness Membership

Direct Debit

12 Month £660

Payment in full

Monthly £730
Annual £7920

Joining Fee £300