

## AFTERNOON TEA MENU

£32 per person

Raspberry & Lychee Macaron

Strawberries & Cream Tart

White Chocolate & Lemon Opera

Blueberry & Elderflower Tart

--

Plain and Fruit Scones

Strawberry Preserve & Clotted Cream

--

Mediterranean Vegetable Tart

Chicken Caesar Wrap

Ham Sandwich

Cucumber & Cream Cheese Sandwich

Sausage Roll



---

Add a glass of Laurent-Perrier Champagne - £15pp supplement

---

Please make staff members aware of any dietary or allergen requirements.  
A discretionary 10% service charge will be applied to your bill.

[www.gaiaboringdon.co.uk](http://www.gaiaboringdon.co.uk) | [@gaiaboringdon](https://twitter.com/gaiaboringdon) | [#gaiaboringdon](https://www.instagram.com/gaiaboringdon)

# JING™ TEA MENU

JING™ single origin teas express the unique character of the people, place and nature that work in harmony to create them. Explore a world of distinctive flavours, diverse cultures, master craftsmanship and incredible taste.

## Black Tea

JING™ Tea's single origin black teas are made from whole leaf loose tea, with each terroir offering a unique richness and intensity of flavour. With strength and structure, black teas taste rich and often malty.

### Assam Breakfast, *Assam, India*

The ultimate breakfast tea, expertly blended from Assam's finest tea gardens - strong and bursting with flavour.

### Decaffeinated Ceylon, *Ruhuna, Sri Lanka*

A rich and supremely smooth Ceylon breakfast tea, without the caffeine. Perfect to set your day to a great start.

### Organic Darjeeling 1st Flush, *Darjeeling, India*

A supreme, organic grade of loose-leaf Darjeeling First Flush from Badamtam Tea Garden, India. Superbly fragrant with a clear expression of the unique Darjeeling terroir.

### Earl Grey, *Ruhuna, Sri Lanka*

An invigorating Ceylon tea from Ruhuna, Sri Lanka, lifted by fresh and exuberant bergamot.

### CHAI, *Assam, India*

A highly aromatic combination of rich and malty Assam black tea from India with cinnamon, cardamom, and ginger spices.

## Herbal Infusions

Our herbal infusions are comprised of the highest quality, freshly picked and dried whole herbs, flowers and fruits and are naturally caffeine-free.

### Rooibos, *Cederberg, South Africa*

A tangy and mellow South African rooibos tea, with natural sweetness and subtle richness of Seville oranges.

### Organic Whole Rosebuds, *Iran*

Our rose tea is composed of beautifully whole pink rosebuds, for a clean, fragrant, and leafy infusion.

### Whole Chamomile Flowers, *Slavonia, Croatia*

A soothing chamomile tea, composed of only natural, whole flowers for a clean and fresh infusion with a definitive chamomile taste.

### Whole Peppermint Leaves, *Bavaria, Germany*

Intensely refreshing and cleansing peppermint leaf with an invigorating, cooling finish.

### Blackcurrant & Hibiscus, *Hungary & Nigeria*

A quenching vivaciously balanced blend of juicy blackcurrants with dried roselle hibiscus.

### Lemongrass & Ginger, *Thailand & Nigeria*

A bracing and zesty herbal infusion, with intensely fresh lemongrass and satisfying, warming ginger.

## Green Tea

JING™ Tea's single origin green teas are crafted by masters in China and Japan, with generations of knowledge in producing the very best leaves. Green teas taste vegetal and fresh, with a natural spring-sweetness and a satisfying, silky texture.

### Organic Jade Sword™, *Baotian Garden, Hunan, China*

A single-garden green tea bursting with sweet spring flavour - a wonderful introduction to Chinese green teas.

### Dragon Well, *Wangfu Garden, Zhejiang, China*

Masterfully pan-fired, the leaves are shaped into beautiful spears and elicit the sweet, lightly roasted chestnut flavour and complexity for which this tea has become famous for.

### Sencha, *Sasamodo Garden, Shizuoka, Japan*

A refreshingly Japanese tea. This loose leaf Sencha is thick, rounded and sweet as a result of expert steam-processing.

### Jasmine Pearls, *Yunnan, China*

Young tea buds are spring-picked in Yunnan and hand-rolled into pearls of green tea, then scented the traditional way for five consecutive nights, with freshly picked jasmine flowers.

### Organic Ceremonial Matcha, *Kirishima Garden, Kagoshima, Japan*

This single garden organic matcha is a pure expression of a single cultivar ('Okumidori') with exceptional character: high floral tasting notes, and deep, vegetal umami flavours.

### Matcha Latte, *Kagoshima, Japan*

A beautiful blend of Matcha cultivars - Yabukita / Okumidori. Together, they soften luxuriously with milk for an uplifting yet comforting infusion that is smooth, rich and yet still bursts with fresh flavour and clarity - the perfect balance and expression of Matcha.